

PHYSICAL DISABILITY	WHAT QUALIFIES	LIST OF COMMON CONDITIONS AND SYMPTOMS
<p>Walking</p>	<ul style="list-style-type: none"> • Taking 3 X longer to walk 100m generally 9 out of 10 times • Having to take one or more rests when walking 100m • Unable to walk 100m 	<ul style="list-style-type: none"> • Arthritis, COPD, Neuropathy, Chronic pain, Stroke, Obesity, Sciatica, Parkinson's • Due to pain, fatigue, shortness of breath, lack of flexibility, lack of coordination, paralysis
<p>Dressing</p>	<ul style="list-style-type: none"> • Taking 3 X longer to get dressed or undressed • Cannot get dressed/undressed without assistance • Unable to dress/undress yourself 	<ul style="list-style-type: none"> • Arthritis, Chronic pain, Stroke, Obesity, Parkinson's, Dementia, Amputation, Carpal Tunnel Syndrome • Due to pain, fatigue, paralysis, lack of flexibility, strength, coordination or mental capacity
<p>Using the Bathroom</p>	<ul style="list-style-type: none"> • Taking 3 X longer to manage bowel or bladder functions • Incontinence and necessary hygiene • Unable to manage bowel or bladder functions independently • Relies on urinary catheter, colostomy or ileostomy 	<ul style="list-style-type: none"> • Inflammatory Bowel, Prolapsed Bladder/Rectum, Dementia, Crohn's, Colitis, Prostate Cancer, Ileitis • Due to incontinence, pain, paralysis, time lengthy or excessive urination/bowel movements or mental capacity

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Feeding	<ul style="list-style-type: none"> • Taking 3 X longer to prepare and/or eat meals • Cannot feed one self without assistance • Relies on feeding tube 	<ul style="list-style-type: none"> • Arthritis, Stroke, Carpal Tunnel Syndrome, Dementia, Parkinson's, Esophageal Cancer • Due to pain, paralysis, lack of saliva, coordination, strength, or mental capacity
Speaking	<ul style="list-style-type: none"> • Taking 3 X longer to speak or to be heard and understood by someone familiar to you in a quiet setting • Unable to speak 	<ul style="list-style-type: none"> • Stroke, Selective Mutism and Mutism, Dysgraphia, Extreme Stutter, Anxiety
Hearing	<ul style="list-style-type: none"> • While using any hearing aids, taking 3 X longer or unable to hear and understand someone familiar to you in a quiet setting 	<ul style="list-style-type: none"> • Noise induced hearing loss, Deafness
Vision	<ul style="list-style-type: none"> • Your visual acuity is 20/200 (6/60) or less on an eye chart (Snellen or an equivalent) or your field of vision is 20 degrees or less in both eyes 	<ul style="list-style-type: none"> • Blindness, Cataracts, Loss of Eye, Complications of Diabetes

MENTAL FUNCTIONS	WHAT QUALIFIES	LIST OF COMMON CONDITIONS
<p>Adaptive functioning</p>	<ul style="list-style-type: none"> • Adapting to change, expressing basic needs, going into the community • Initiating common simple transactions • Carrying out basic hygiene or self-care activities • Performing necessary everyday tasks 	<ul style="list-style-type: none"> • ADD, ADHD, Anxiety, Autism, Brain Injuries, Concussion, OCD, PTSD, Dementia
<p>Attention</p>	<ul style="list-style-type: none"> • Showing awareness of danger and risks to personal safety • Demonstrating basic impulse control 	<ul style="list-style-type: none"> • Anxiety, ADD, ADHD, Brain Injuries, Concussion, Dementia, Learning Disorders
<p>Concentration</p>	<ul style="list-style-type: none"> • Being able to focus on a simple task for any length of time • Understanding and recalling information (short term) 	<ul style="list-style-type: none"> • ADD, ADHD, Anxiety, Brain Injuries, Concussion, Dementia, Depression
<p>Goal-setting</p>	<ul style="list-style-type: none"> • Making and carrying out simple plans • Initiating everyday tasks 	<ul style="list-style-type: none"> • ADD, ADHD, Anxiety, Chronic Brain Injury, Dementia

MENTAL FUNCTIONS	WHAT QUALIFIES	LIST OF COMMON CONDITIONS
<p>Judgment</p>	<ul style="list-style-type: none"> • Choosing clothing appropriate for the weather • Making decisions about your own treatment and welfare • Recognizing risks of being taken advantage of by others • Understanding consequences of your actions or decisions 	<ul style="list-style-type: none"> • Anxiety, Autism, Brain Injuries, Concussion, Dementia, Depression, Psychotic Disorders, Schizophrenia, PTSD
<p>Memory</p>	<ul style="list-style-type: none"> • Remembering basic personal information (such as date of birth and address) • Remembering things that are important and of interest • Remembering simple instructions 	<ul style="list-style-type: none"> • ADD, ADHD, Anxiety, Dementia, Depression, Learning Disorders, PTSD
<p>Perception of Reality</p>	<ul style="list-style-type: none"> • Showing an accurate understanding of reality • Separating reality from delusions and hallucinations 	<ul style="list-style-type: none"> • Bipolar, Dementia, Schizophrenia
<p>Problem-solving</p>	<ul style="list-style-type: none"> • Identifying everyday problems • Carrying out solutions to simple problems 	<ul style="list-style-type: none"> • Anxiety, Brain Injuries, Concussion, Depression, Psychotic Disorders, PTSD

MENTAL FUNCTIONS	WHAT QUALIFIES	LIST OF COMMON CONDITIONS
<p>Regulation of Behaviour & Emotions</p>	<ul style="list-style-type: none"> • Behaving appropriately for the situation • Showing appropriate emotional responses for the situation • Controlling mood to prevent risk of harm to self or others 	<ul style="list-style-type: none"> • ADHD, Anxiety, Autism, Dementia, Depression, PTSD
<p>Verbal & Non-verbal Comprehension</p>	<ul style="list-style-type: none"> • Understanding and responding to non-verbal information or cues • Understanding and responding to verbal information 	<ul style="list-style-type: none"> • Autism, Learning Disorders, Personality Disorders, Psychotic Disorders, Schizophrenia

LIFE-SUSTAINING THERAPY	WHAT QUALIFIES	LIST OF COMMON CONDITIONS
Dialysis	<ul style="list-style-type: none"> • Therapy is needed at least 2 X per week • Therapy is needed for an average of at least 14 hours per week 	<ul style="list-style-type: none"> • Chronic Kidney Disease
Insulin therapy	<ul style="list-style-type: none"> • Therapy is needed at least 2 X per week • Therapy is needed for an average of at least 14 hours per week 	<ul style="list-style-type: none"> • Type 1 Diabetes, Type 2 Diabetes if multiple injections required
Oxygen therapy	<ul style="list-style-type: none"> • Therapy is needed at least 2 X per week • Therapy is needed for an average of at least 14 hours per week 	<ul style="list-style-type: none"> • COPD, Pulmonary Fibrosis
Chest physiotherapy	<ul style="list-style-type: none"> • Therapy is needed at least 2 X per week • Therapy is needed for an average of at least 14 hours per week 	<ul style="list-style-type: none"> • Cystic Fibrosis

CUMULATIVE EFFECTS

WHAT QUALIFIES

LIST OF COMMON CONDITIONS

Cumulative Effects

- Cumulative effect of significant limitations combines the effects of limitations in 2 or more categories if, together, their effect is as severe as having a marked restriction in 1 category

- Stroke, Multiple Illnesses together